A patient medical home (PMH) is a family physician practice where patients get the majority of their care. It builds on what GPs are already doing, and takes the practice to the next level. GPs get more consistent support from teams, networks, and clinical services in the community and use data to inform decisions.

**Patients**
Have a relationship with a GP and access to the best care.

**Family Doctors**
Spend time on diagnoses, patient relationships and longitudinal care.

Four key changes create a patient medical home:
1. Greater use of EMR data to plan care and supports.
2. Team support from allied health professionals and other providers.
4. Being part of a primary care network.

A PMH helps GPs to get relief from caring for patients alone, which can help avoid burnout, and make the most of practice resources, time, and capacity.

Get Involved
The creation of patient medical homes is an emerging area of work in BC. You and your practice team can get started by identifying supports you need for your patients through the process of panel management.

Helps a practice operate at an ideal level, which in turn creates a strong foundation for primary care networks in the community.

Frees you up to do the work you love to do, and for what brought you into the medical profession in the first place.